

Faculty Profile:



Soheli Datta, Ph.D.

- 1. Designation:** Assistant Professor, Department of Applied Psychology, University of Calcutta.
Deputy Coordinator and Core Faculty, M.Phil. in Clinical Psychology Programme, Clinical Psychology Centre of University of Calcutta
- 2. Specialization:** Clinical Psychology, Stress Management, Psychological Assessment, Psychotherapy, Psychological Rehabilitation and Counselling
- 3. Contact information:**
Address (Home): 1B Uma Kanta Sen Lane, Samadhan Apartment, 3rd floor, Kolkata-700 030
Address (Office): Department of Applied Psychology, University of Calcutta, 92, Acharya Prafulla Chandra Road, Kolkata: 700 009
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Phone: +91 9874168921 (Whatsapp)
- 4. Academic Qualifications:** M.Sc. (Honours) in Psychology, M.Phil. in Clinical Psychology [RCI Licensed Clinical Psychologist], Ph.D. in Psychology

5. Positions held/ holding:

- a. Former Clinical Psychologist at Command Hospital, Eastern Command, Kolkata, February, 2015 to November, 2015
- b. Assistant Professor, Department of Applied Psychology, University of Calcutta, Kolkata, November, 2015 till present
- c. Core Faculty, M.Phil. in Clinical Psychology, Clinical Psychology Centre of University of Calcutta, UCSTA, November 2015 till present
- d. Joint Organizing Secretary, National Conference on Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration, Department of Applied Psychology, University of Calcutta, 3rd and 4th March 2017
- e. Coordinator, Adolescent Health Clinic, Department of Applied Psychology, University of Calcutta, March 2017 till present
- f. Coordinator, One Day Workshop on “Application of Somatic Inkblot Series in Personality Assessment, Diagnostic Evaluation and Therapeutic Intervention”, 21st December, 2016
- g. Coordinator, Workshop on “Teaching and Supporting individuals with Autism”, 3rd and 4th January, 2017
- h. Session Coordinator, Series of Webinars conducted by Department of Applied Psychology, University of Calcutta in January 2021
- i. Deputy Coordinator, M.Phil. in Clinical Psychology, Clinical Psychology Centre of University of Calcutta, UCSTA, 2022 till present

6. Research interests: Clinical and Forensic Psychology Child and Developmental Psychology, Geriatric Psychology, Projective Psychology, Psychotherapeutic research, Cognitive Psychology, Psychological Assessment, Psychotherapy and Rehabilitation

7. Research guidance:

Number of researchers awarded M.Phil degrees: 11

Number of researchers pursuing M.Phil degrees: 2

Number of researchers pursuing Ph.D degrees: 3

8. Membership of learned societies:

- a. Life Member, Somatic Inkblot Society (International)
- b. Professional Life Member, Indian Association of Clinical Psychologists (National)
- c. Life Member, Indian Academy of Applied Psychology (National)
- d. Life Member, International Benevolent Research Foundation (National)
- e. Reviewer, Indian Journal of Psychiatry
- f. Reviewer, Journal of Education, Society and Behavioural Science
- g. And many more

9. Publications:

sl. no	Article	ISSN
1	Datta S. and Das S. (2015). A comparative study of some psychosocial factors in Schizophrenia. Indian Journal of Clinical Psychology, 42(2),102-110	ISSN: 0303-2582
2	Datta S., Das S., and Dogra A.K. (2015). Generalized Anxiety Disorder, Social Phobia and Mixed Anxiety & Depressive Disorder: A Comparative Study of Metacognition and Stressful Life Events, Ind. J. of Psychol Issues, 23(2), 35-48	ISSN 0972-4427
3	Dogra A.K., Datta S., Mukherjee A., and Saha B. (2015) Career Maturity: A correlational study among girl adolescents. International Journal of Education and Management Studies, 5(3), 250-253	ISSN: 2231-5632
4	Mukherjee A., Datta S., Sanyal A., Dogra A.K., and Das S. Personality of Children with Emotional Disorders: A psychodynamic study, (2016). SIS J. Proj. Psy. & Ment. Health, 23, 22-26	ISSN: 0971-6610
5	Datta S. and Das S. Cognitive Behaviour Therapy in Social Phobia- A Case Study, (2016). SIS J. Proj. Psy. & Ment. Health. 23, 88-95	ISSN: 0971-6610
6	Datta S. and Das S. (2016) Application of Self-Regulatory	ISSN: 0303-

	ExecutiveFunction (S-REF) Model in psychopathology formulation of patients with anxiety disorders, Indian Journal of Clinical Psychology, 43(1), 12-19.	2582
7	Datta S. and Das S. (2016). Metacognitive style and stress vulnerability: Interpretative approaches from TAT narratives, International Journal of Social Sciences Review, 4 (3), 359-364.	ISSN: 2324-8033
8	Datta S. and Mukherjee T. (2017). A Clinical Case Study with Acceptance and Commitment Therapy, Indian Journal of Clinical Psychology, 44(1), 68-74	ISSN: 0303-2582
9	Rai R. And Datta S. (2017). Application of Cognitive Behaviour Therapy in GAD: A clinical case study in the socio-cultural context of West Bengal, Indian Journal of Health and Well-being, 8(10), 1276-1249	ISSN-p-2229-5356
10	Das I. and Datta S., A comparative study to assess the dimensions of personality, depression and aggression among male bodybuilders. Indian Journal of Community Psychology, 2018, 14(1),168-179	ISSN-0974-2719
11	Dhar S. and Datta S., (2019). Psychosocial impact of women undergoing treatment of infertility. Disabilities and Impairments. Vol.33 No. 1, pp 45-55	ISSN 0970 356X
12	Dutta S. and Datta S., (2021). A Comparative Study on Social Desirability, Self-Esteem, Self-Consciousness, Sensation Seeking Behaviour and Mood & Feelings of College and University Going Students With and Without Selfie Addiction. International Journal of All Research Education and Scientific Methods (IJARESM), Volume 9, Issue 8, August -2021	ISSN: 2455-6211
13	Sarkar S. and Datta S., (2021). A comparative study of neuro-cognitive correlates in Schizophrenia (Florid and Partial remission phase) and normal controls. Himalayan Journal of Applied Medical Sciences and Research, Volume 2, Issue 6, December, 2021	ISSN: 2709-3514
14	Das T., and Datta S. (2022). Acceptance and Commitment Therapy for a young adult female with borderline personality features: A case study. International Journal of Recent Advances in Multidisciplinary Research, Vol: 09,	ISSN: 2350-0743

	Issue- 12, pp. 8266-8272, December,	
15	Chattopadhyay S. and Datta S. (2023). Mindfulness as an adjunct to cognitive restructuring and ERP: Psychotherapeutic intervention of Individuals Diagnosed with OCD. SIS J. Proj. Psy. & Ment. Health. 30, 44-53	ISSN: 0971-6610

10. Book Chapters:

- a. The Germ Warfare in the Pandemic Years, Impact of Covid 19 Pandemic in India, 2022
- b. Psychological Outlook of crime during the Covid 19 pandemic, Discerning Crime: Psychological, Forensic and Legal Aspects, 2022
- c. Post Traumatic Growth and the experience of trauma as affected by poverty: a socio-cultural issue in India, Post Traumatic Growth in Indian Context (accepted, in press)

11. Invited Lectures/Webinars Delivered:

International

- a. Invited Lecture on “Crime, Criminology and Criminal Victimization” at the 1st Dhaka International Conference, Dhaka, Bangladesh, May, 2022
- b. Invited lecture entitled “Coping styles, stressful behavior, and health status- somatic and anxiety problems” at Samriddhi College, Bhaktapur, Nepal, January, 2023
- c. Invited lecture entitled “Emerging Issues in Crime and Justice: Role of Psychology in Assessment, Prevention and Intervention” at the Thames International College, Kathmandu, Nepal, January, 2023

National

- d. Emerging psycho-social issues among college-going adults at Rammohan College, in January, 2016
- e. Stress and Diabetology, at Mukta Mancha, Kolkata in February, 2016
- f. Mental Health Hazards among adolescents at Rammohan College, in March, 2017
- g. Psychological Assessment at Indian Institute of Foreign Trade, 2018
- h. Depression and Suicide at Sishu Mangal Hospital, July 2018
- i. Stress among engineering students in pandemic, Webinar, Greater

Kolkata College of Engineering and Management, December 2020

- j. Food Safety: Concern for all, Webinar, Silver Point School, June 2021
- k. Presented a Panel Discussion on the theme of Geriatric Psychology, organized by Thikana Shimla, September 2022

12. Participations

International

- a. Presented a poster on “Psychopathology in Anxiety Disorders: A study of Metacognition, Thought Control and Life Events” at the WPA World Congress of Psychiatry (2019) at Lisbon, Portugal
- b. Presented a poster on “Psychopathology behind crime: A comparative study of aggression, criminal thinking, stigma and discrimination across gender among convicts of homicidal murder” at the WPA World Congress of Psychiatry (2019) at Lisbon, Portugal
- c. Presented a poster on “Neuropsychology of Dementia and old age: A comparative study of memory functioning, visuo-motor perception and visuo-spatial constructive ability” at the WPA World Congress of Psychiatry (2019) at Lisbon, Portugal
- d. Presented a Symposium on “Beyond Cognitive-Behavioural Approach: Into the world of Mindfulness and Its Diversities”, at the 32nd International Congress of Psychology (2021) at Prague, Czech Republic
- e. Presented a poster on “Discrimination, distress, acceptance and social support: A comparative study among Lesbian, Gay and Bisexuals” at the 32nd International Congress of Psychology (2021) at Prague, Czech Republic
- f. Acted as a Chairperson in a Scientific Session at the 1st Dhaka International Conference, Dhaka, Bangladesh, May, 2022
- g. Presented an oral paper on “TAT narratives in Anxiety Disorder: A metacognitive perspective” at the 1st Dhaka International Conference, Dhaka, Bangladesh, May, 2022

National

- a. Presented a Paper titled, Application of Self-Regulatory Executive Function (S-REF) model in psychopathology formulation of patients

- with Anxiety Disorders, 42nd NACIACP, 2016
- b. Presented a Symposium on “Acceptance and Commitment Therapy: Theory, Practice and Utility”, National Conference on Expanding Frontiers of Applied Psychology: Golden jubilee Celebration, 2017
 - c. Presented a Symposium on “Understanding Child and Adolescent Psychopathology: Socio Cultural Changes and Major Shifts in Perspectives And Policies”, 44th NACIACP, 2018
 - d. Presented a poster on “A Comparative study of Socio-Adaptive Functioning, Emotional Intelligence and Theory of Mind in Autism and Normal Controls”, 47th NACIACP, 2021
 - e. Acted as a Chairperson in a Scientific Session at the 49th NACIACP, held at SGT University, Gurugram, February 2023
 - f. Presented a Symposium titled, the Effectiveness of Third wave Cognitive Behavioural Therapy on Young Adults in the Indian Population, at the 49th NACIACP, held at SGT University, Gurugram, February 2023

13. Projects:

Course Title: Advanced Psychoanalytic and Third-Wave Perspectives in Psychotherapy, Department of Applied Psychology, C.U.,
Funding agency: RUSA, Entrepreneurship Hub, and Skill Enhancement and Career Hub (Faculty of Science)

14. Awards:

- Recipient of Order of Merit from University of Calcutta for obtaining the 2nd Rank and Letter Grade A+ in M.sc (Honours) in Psychology (2012)
- Recipient of Sheela Kanoria Scholarship, from Rotary International, Rotary Club of Calcutta, on 21st June, 2013
- Dr. Sarvepalli Radhakrishnan Teaching Excellence Award, 2022 (IBRF, Kolkata)

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