

UNIVERSITY OF CALCUTTA
FACULTY ACADEMIC PROFILE/CV



Full name of the faculty member: Dr. Ushri Banerjee

Designation:

Assistant Professor (Grade III)

Specialization: Clinical Psychology

Contact Information:

Dept. of Applied Psychology, 92, A.P.C. Road.
Kolkata.
ushribanerjee@gmail.com

Academic Qualifications:

College/University

<i>College/University/ Institute</i>	<i>Degree</i>
Gokhale Memorial Girls' College, C.U	B.Sc. (Psychology)
Dept of Psychology, C.U.	M.Sc. (Psychology)
CIP, Ranchi University	M. Phil. (Clinical Psychology)
Applied Psychology, C. U.	PhD

Positions Held

- Co-ordinator, M.Phil in Clinical Psychology Course, University of Calcutta
- Deputy Co-ordinator for DRS-SAP II Project ,UGC
- Joint Co-ordinator for P.G. Diploma in Rehabilitation Psychology Course (RCI recognised)

Positions Currently Holding

- Core Faculty, MPhil In Clinical Psychology, CPCUC, University of Calcutta
- Joint Co-ordinator for Adolescent Health Clinic & Anwasha Clinic (in collaboration with Health Dept, Govt of West Bengal)
- Coordinator Service Program Unit

Research Interests

1. Clinical Psychology
2. Child Psychology (Play therapy)
3. Stress Management
4. Psychotherapy
5. Positive Psychology

Research Guidance

Guidance for MPhil (Clinical Psychology) Dissertation - 12
PhD Awarded-1
Ongoing-4

Projects:

DRS-SAP II (2015-2020), UGC

Select list of publications:

1. Banerjee, U., Bhattacharya N. & Sanyal N. (2014). Stress, Coping and Emotional Processing in Chronic Pain: A Comparative Analysis. *SIS Journal of Projective Psychology & Mental Health*. Vol. 21(2)
2. Banerjee U., et al.(2014) Impact of Dancing on Obesity Indices on Bengalee Female Adolescents of Kolkata. *American Journal of Sports Science and Medicine*. 2 (5A).
3. Banerjee U. et al (2014). A Study on Pulmonary Function of Adolescent Bengalee Trainee Bharatnatyam Dancers. *American Journal of Sports Science and Medicine*. 2 (5A).
4. A Comparative Study on Academic Career Development Stress, Parent Child Relationship and Self Esteem of Female School Students Having Working Mothers and Non-Working Mothers. (2016).*Indian Journal of Positive Psychology*, [Vol. 7\(2\)](#)

5. Bandopadhyay,A. & Banerjee, U (2019). A study to assess personality, social adjustment and social desirability of young adults who post their selfie on social media. *International Journal of Social Sciences Review* Vol 7 (5-III).
6. Mukherjee, C. & Banerjee, U.(2019). A Comparative Study of Personality, Stress and Coping in Females with Polycystic Ovary Syndrome and Normal Healthy Females. *Journal Of Psychosocial Research*. Vol 14 (1) ,113-122.
7. Mukherjee, U.; Basu J. & Banerjee, U. (2019). Attachment, aggression orientation and emotion regulation in patients with borderline personality disorder- An interpersonal perspective. *Humanities and Social Science Studies*, Vol. 8 (1).
8. Choudhury, P & Banerjee, U. (2020). Nature of Anger, Life Event Stress, Conflict and Defense Mechanism Among Individuals Having Peptic Ulcer: A Comparative Study. *Psychological Studies*. 65,285-295
9. Mukherjee, U.; Basu J. & Banerjee, U. (2021). Interpersonal Psychotherapy on Borderline Personality Disorder: a Case Study. *Indian Journal of Health Social Work*. Vol 3 (1), 41-49.
10. Roy, V. & Banerjee, U. (2021).Dark Triad as a predictor of relational aggression. *The International Journal of Indian Psychology*. Vol 9(2).
11. Banerjee S. & Banerjee U. (2021).Effect of cognitive training on cognitive flexibility and non-verbal memory of individuals with OCD- A pre-post study. *The International Journal of Indian Psychology*. Vol 9(3).
12. Bhattacharya B. & Banerjee, U. (2022). Exploring burnout in clinical psychologists: Role of personality, empathy, countertransference and compassion fatigue. *Indian Journal Of Psychiatric Nursing*.Vol 19, 117-124.

13. Roy, V. & Banerjee, U. (2022). A comparative study to explore the presence of alexithymia and relational aggression among different professions. *International Journal of Science and Engineering Development Research*. Vol 7 (11).
14. Paul, O., Chaudhuri, A. & Banerjee, U.(2022). A study to assess the impact of gender and psychiatric distress on coping responses and levels of anxiety, depression and suicidal ideation in undergraduate medical students. *Journal of the Scientific Society*. Vol 49 (2), 140-147.

Books/Book Chapters:

1. Psychological Trauma: Concept, types and changes, psychological disorders and treatment. In *Entitlement, Equality and Mental Health: Con temporary psychosocial perspectives*. (2020) Barnani Prakashani. ISBN:978-81-948101-1-7
2. Issues and challenges in targeted interventions. In *Entitlement, Equality and Mental Health: Con temporary psychosocial perspectives*. Barnani Prakashani. ISBN:978-81-948101-1-7
3. CBT For Depression: An Overview. In *Psychopathology and Psychotherapy*. Levant Books (2020). ISBN: 978-93-88069-40-3

Membership of Learned Societies:

Professional Life Member, Indian Association of Clinical Psychologists
 Life Member, Rehabilitation Council of India

(RCI)

Life Member, SIS Inkblot Society

Invited lectures delivered:

Title of Lecture	Title of Conference /Seminar	Organised by
Moving beyond Recovery- generating optimism, hope and resilience	State Level Conference on Cognitive Therapy and Beyond (RCI-CRE)	Institute of Psychiatry, Kolkata
Technique of play therapy	National level workshop on Play Therapy (RCI-CRE)	AYJNISHD and IIP, Kolkata
Psychological Wellbeing	Webinar on "Psychological Wellbeing during the pandemic: Strategies & Challenges	Acharya Prafulla Chandra College, Kolkata
Depression	IQAC Webinar	Lady Brabourne College
Coping Emotionally with COVID-19	IQAC Webinar	Vivekananda College, Kolkata
The Pandemic and Beyond	IQAC Webinar	Hiralal Mazumdar Memorial College
Womens' Mental Health	Program on account of Womens' Day	Ericsson, Kolkata
Problems and Pathologies in Adolescence: Prevention, Identification and Intervention.	One Day Special Lecture	Assembly of God Church School
Challenges faced by modern youth and pathways to well being	One Day Special Lecture	Department of Psychology Vivekananda College For Women
Behavioural Interventions with Externalising Disorders	CME on Child and Adolescent Psychiatry	The Institute of Neurosciences, Kolkata

Long term consequences of COVID and its psychological implications	3 day workshop on Behavioural Medicine-Assessment and Management Approach-RCI-CRE	Institute of Psychiatry, Kolkata
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Other notable activities:

- Master Trainer for HIV-AIDS Counsellors under the GFATM-7 Project (WHO), Dept. of Applied Psychology, C. U.
- Resource Person for WB-SACS and Department of Applied Psychology organized Training Programme for HIV-AIDS Counsellors & Anwasha Clinic Counsellors held in Kolkata from 2009 till date.
- Have contributed towards development of a Training Module for Anwasha Clinic Counsellors (under UNICEF & WB Health Dept), Dept. of Applied Psychology, C.U.
- Reviewer for Springer and Sage Journals