

Curriculum Vitae

Name: Somdeb Mitra

Age: 35 years (D.O.B.: 19th August 1985) Sex: Male Nationality: Indian.

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Current Status: Assistant Professor, Department of Psychology, & Core Faculty Member, Clinical Psychology Centre, University of Calcutta.

RCI Accredited Consultant Clinical Psychologist (CRR No: A21958); Professional Life Member of Indian Association of Clinical Psychology (PLM 483/10/14); Member of SIS Inkblot Society.

Educational Qualification:

Name of Examination / Degree	Duration of Course	Year of Passing / Awarded	Board/University	Division	Percentage
PhD (Arts)*	Enrolled: 2011, Registered: 2012, Submitted: 2017.	2018	University of Calcutta	N.A.	N.A.
M. Phil (Clinical Psychology)	2008 – 2010	2010	University of Calcutta	1 st	70.67% **
M.A(Psychology)	2006 – 2008	2008	University of Calcutta	1 st	71.6%
B.A(Psychology)	2003 – 2006	2006	University of Calcutta	1 st	66.75%
Higher Secondary	2001 -2003	2003	W.B.C.H.S.E	1 st	69.2%
Madhyamik (Secondary)	Appeared in 2001	2001	W.B.B.S.E	1 st	69.25%

* Title of Thesis : “**A Dynamic Therapeutic Study of the Profiles of Borderline Personality Disorder in Quantitative and Qualitative Contextual Frame**”, supervised by Prof (Dr.) N.Sanyal, Professor (retd.) & former Head, Dept. of Psychology, University of Calcutta and Psychoanalyst registered with Indian Psychoanalytic Society.

**Stood first in M.Phil Examination 2010.

- Cleared State Eligibility Test (for Lectureship) in 2010.
- Attended above 500 sessions of personal psychoanalysis under Prof. (Dr.) Pushpa Mishra, Psychoanalyst, registered with Indian Psychoanalytical Society.

Work Experience:

Position held	Name of Institute	Duration of work	Job-Description
Assistant Professor, Department of Psychology.	University of Calcutta, Kolkata.	2 nd January 2013 – continuing.	Teaching, Clinical supervision, Research guidance etc.
Clinical Psychologist, Department of Clinical Psychology.	Institute of Psychiatry, Kolkata.	02 nd March 2011 – 02 nd January, 2013.	Clinical teaching & supervision, doing psychological assessment and psychotherapy in inpatient and outpatient settings.
Private Clinic as Consultant Clinical Psychologist.	N.A.	January 2011 – Januray 2013, April 2014 – continuing.	Psychological assessment and psychotherapeutic intervention.

- Clinical Supervisor and Joint-Coordinator of CUIPP (a program by the Department of Psychology to provide Psychological assessment and therapy at affordable prices to the community).

List of Publications:

- Cultural Basis of Psychopathology and Modified Therapeutic Stances: Case Illustrations; with co-author N. Sanyal in SIS journal of projective psychology and mental health, vol.22, no.1, Jan. 2015.
- A Study on the correlates of general well being; in Indian Journal of Health & Wellbeing; Jan2015, Vol. 6 Issue 1.
- Personality Characteristics and Development of Psychopathology of Bipolar I and Borderline Personality Disorder Patients : A psychological Inquiry; with co-author T. Mukherjee in Psychological Studies (NAOP), June2013, Vol. 58, Issue 2, pp 179–187 Published online in Springer, 07th May 2013.

- Unraveling the roots of Personality disorganization through psychodynamic lens: A case study; with co-authors S. Basu and N. Sanyal in SIS journal of projective psychology and mental health, vol. 20, no. 1, Jan 2013.
- A single case in interpretative wrappings of multiple psychological theories. With co-author Prof. N. Sanyal in SIS Journal of Projective Psychology and Mental Health, Volume 17, Number 2, July 2010.

Research Project Completed:

The psychological profile of caregivers of individuals with Autism Spectrum Disorder: the qualitative revelation of their agony. With Prof. N. Sanyal A minor project under SAP DRS I, 2014-2015.

International Conference:

- Presented Paper titled “A Dynamic Therapeutic Study of the Profiles of Borderline Personality Disorder in Quantitative and Qualitative Contextual Frame” with co-authors Prof. N. Sanyal and Ms. D. Mitra Chatterjee at the World Congress of Psychotherapy, by IFP at Amsterdam, 2018.
- Conducted “A workshop on Brief psychodynamic therapy as a tool to unravel the inner turmoil of emotionally unstable personalities.” With Ms. D. Mitra Chatterjee at International Training Conference in Brief Psychotherapies in Calicut, India, 2017.

Oral Presentations in National conferences:

- Presented Paper titled “A Study of Psychodynamic Psychotherapy on Emotionally Unstable Personality Disorder Patients”, co-author Prof. N. Sanyal, at the 44th National Annual Conference of Indian Association of Clinical Psychologists. (N.A.C.I.A.C.P) in Greater Noida, India, 2018.
- Presented Paper titled “Object Relations based treatment of an individual with marked emotional instability: A case study” at the 40th N.A.C.I.A.C.P in Chennai, India, 2014.
- Presented Paper titled “A Study On Correlates Of General Well-being” with co-author, Dr. Saugata Basu at the 35th N.A.C.I.A.C.P in Hyderabad.
- Actively participated in several other national and international conferences.

Guidance and Supervision to students & trainees:

- Supervised Ms. Aditi Bhattacharya (won the best paper award in the session), Ms. Bhagyasree Roy for oral presentations and Ms. Ginni Grover for poster Presentation in NACIACP in Greater Noida, India, 2018.
- Completed supervision of 7 (another 3 ongoing) trainees of M. Phil in Clinical Psychology, for their Dissertation projects.
- Regular supervision of students of M.A./M.Sc. in Psychology for their Dissertation projects.
- Regular clinical supervision of Students/Trainees for their clinical work involving assessment and therapy of psychiatric patients seen in the University of Calcutta, in addition to academic duties.

Invited Lectures:

Served as resource person at RCI-Accredited CRE Workshops at NILD, Kolkata and Pradip Centre For Autism.

Presented invited lectures at Colleges and Universities of West Bengal, including Jadavpur University, Biswa Bharati University etc.

Online/Telephonic contribution during COVID-19 Pandemic

- Invited speaker in Dealing with Post-Covid Challenges through Bio-Psycho-social Lens – managing our thoughts, emotions and behaviour organized by SA Jaipuria College, Kolkata on 29.06.2020.
- Invited speaker in Managing stress & Finding meaning during COVID19 & beyond for parents of individuals with intellectual & developmental delay held by Noble Mission School, Kolkata on 27.06.2020.
- Invited speaker in Program on Stress of students by Shubhomrishi Ma Saradalay, North Bengal on 08.09.2020.

Actively participated in organizing an online webinar series to observe mental health day by M.Phil in Clinical Psychology Centre, University of Calcutta.

Participated in the service of Student Psychological Counselling Services organized by University of Calcutta and provided tele-counselling to students of Calcutta University and affiliated colleges free of cost from 8th April 2020.

Date: 07.01.2021.