



UNIVERSITY OF CALCUTTA

Notification No. CSR/33/2024

It is notified for information of all concerned that in terms of the provisions of Section 54 of the Calcutta University Act, 1979, (as amended), and, in the exercise of her powers under 9(6) of the said Act, the Vice-Chancellor has, by an order dated 11.06.2024, approved the partial amendments regarding SEC paper of Semester-2 syllabus of Psychology (Honours & Honours with Research, as published under CSR/18/20203, dt. 24.07.2023) Courses of Studies under CCF, 2022, as mentioned hereunder.

Psychology (Major) students shall be offered any one of the following SEC courses in Semester-2:

1. "Emotional Intelligence (EI)" for the students pursuing B.A. or B.Sc. courses.
Syllabus is laid down in the accompanying pamphlet.
2. "Artificial Intelligence (AI)" for the students pursuing B.Sc. course only.
Syllabus published under CSR/36/2023, dt. 08.09.2023.
3. "Digital Empowerment" for the students pursuing B.A. course only.
Syllabus published under CSR/36/2023, dt. 08.09.2023.

The above shall take immediate effect .

SENATE HOUSE

Kolkata-700073

14.06.2024


Prof.(Dr.) Debasis Das

Registrar

Course Structure-

CCF, 2022

Psychology (Major)

Semester II:SKILL ENHANCEMENT COURSE(SEC)

EMOTIONAL INTELLIGENCE

Theory -75 Marks

Practical -25Marks

Unit 1: Introduction: Emotional Intelligence; Models of Emotional Intelligence;

EQ Competencies : Self-awareness, Self-regulation, Motivation, and Interpersonal skills;
Importance of Emotional Intelligence (15 hours)

Unit 2: Knowing One's and Others' Emotions:

Levels of emotional awareness; Recognizing emotions in oneself; The universality of emotional expressions; Perceiving emotions accurately in others (15 hours)

Unit 3 :

A. Managing Emotions : The relationship between emotions, thought and behaviour;
Techniques to manage emotions (7 hours)

B. Applications : Workplace; Relationships; Conflict Management; Effective Leadership (8 hours)

PRACTICUM:(30Hours)

1.Administration of EMOTIONAL INTELLIGENCE SCALE