



UNIVERSITY OF CALCUTTA

GURUPADA SAREN
SECRETARY

COUNCILS FOR UNDERGRADUATE STUDIES,
UNIVERSITY OF CALCUTTA.

Ref.No : CUS/ 132/18
Dated the 23rd March, 2018

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To
The Principals/T.I.C.
of all the Undergraduate Colleges
offering Human Development
affiliated to the University of Calcutta

Sir/Madam,

The undersigned is to inform you that the proposed **revised semester wise draft Syllabus for Generic Elective papers of Human Development** Courses of Studies under **CBCS** has been uploaded in the Calcutta University website (www.caluniv.ac.in).

The said syllabus has been prepared by the **U.G. Board of Studies in Human Development, C.U.**

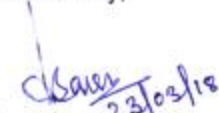
You are requested kindly to go through it and send your feedback within 02nd April, 2018.

In this regard you may send your observation/ suggestion to the **Department of U.G. Councils, C.U.** or through email (u.g.councilsc.u@gmail.com), and you also may contact **Prof. Paromita Ghosh**, Department of Home Science, C.U. through e-mail (paromitahsc@rediffmail.com).

Your cooperation in this regard will be highly appreciated. Kindly treat the matter as urgent.

Thanking you,

Yours faithfully,


Secretary 23/03/18

**Syllabus for Choice Based Credit System Compliant Generic Elective
Course in Human Development**

**Generic Elective can be regarded as Core Course in UG Programme
(UG General)**

Attendance: 10 marks per paper

**Internal Assessment: 10 marks per paper
(CREDITS: THEORY – 4, PRACTICAL – 2)**

SEMESTER - I

GE 1 A 50 Marks (Credits: 4) 2 Lectures / Week

INTRODUCTION TO HUMAN DEVELOPMENT

1. Human development and the need to study it; concept of human development index; roles of heredity and environment in human development; concepts of growth and development; the life span approach to human development.
2. Conception; physical and psychological care of the expectant mother; prenatal development.
3. Birth of the baby – the characteristics of the neonate; care of the neonate. Infancy – highlights of development ; caring for the infant – feeding, weaning , supplementary feeding ; sleep routine ; bathing and clothing ; immunization schedule ; importance of toys.
4. Highlights of development in childhood, adolescence, adulthood and old age.

References:

Arya, S.C. (1972). Infant and child care for the mother. New Delhi: Vikas.
Berk, L. E. (1996). Child development. New Delhi: Prentice Hall.
Hurlock, E.B. (2007). Developmental psychology: A life – span approach. New Delhi : Tata McGraw – Hill.
Nag, Rathindranath. Ma o shishu.
Papalia, D.E. , Olds, S.W. and Feldman, R.D. (2006). Human development. 9th Ed. New Delhi: Tata McGraw- Hill.
Roy, Sushil. Shiksha manavidya.

GE 1 B 30 Marks (Credits: 2) 2 Classes / Week

PRACTICAL: INTRODUCTION TO HUMAN DEVELOPMENT

1. Preparing a lay out of a room arranged for the birth of an infant showing the placement of the essential equipment.
2. Planning the diet of an expectant / a lactating mother; preparation of a diet chart.
3. Preparing a chart of prenatal / postnatal exercises for the mother.
4. Assessing and preparing charts on growth and physical development in infancy and childhood.
5. Preparing a lay out of the arrangement of a nursery (room designing and decoration).

6. Preparing picture / story books for infants and children.
 7. Making play materials suitable for infants and children.
- Practical Activities: 20 Marks; Viva- Voce: 5 Marks; Laboratory Note Book and materials: 5 Marks.*

SEMESTER - II

GE 2A 50 Marks (Credits: 4) 2 Classes / Week

MARRIAGE AND FAMILY RELATIONS

1. Marriage – Definition, functions and changing trends. Marital adjustment and it's influencing factors.
2. Family – Definition, composition, functions and types (with reference to India), changing trends of family in India and it's influencing factors.
3. Interpersonal relationships within the family – importance and types of family interaction and communication.
4. Families with problems – a) families with marital disharmony and disruption: causes and intervention. b) families in distress : causes and intervention.

References:

Ahuja, R.: a) Society in India. b) Social System. c) Social Problems in India.

Chowdhury, A. Bharater Samaj Prasange.

Dube, S. C. (Translated by Rajat Roy).Bharater Samaj. National Book Trust.

Ganguly, R. and Moinuddin, S. A. H. Contemporary Indian Society.

Maciver and Page. Society – An Introductory Analysis.

Vidya Bhusan and Sachdev. Sociology.

GE 2B 30 Marks (Credits: 2) 2 Classes / Week

SEMINAR BASED ON MARRIAGE AND FAMILY RELATIONS

Presentation in Seminar: 20 Marks; Viva-Voce: 5 Marks; Dissertation: 5 Marks.

SEMESTER – III

GE 3A 50 Marks (Credits: 4) 2 Lectures / Week

PSYCHOLOGICAL BASES OF HUMAN DEVELOPMENT

1. Intelligence – Definition, nature of intelligence, origins of intelligence testing, types of intelligence tests.
2. Emotion – Definition, adaptive functions, basic emotions of fear, anger and love, universal aspects of emotions.
3. Personality – Definition, influencing factors, role of social norms in personality development, tests of personality.
4. Socialization- Definition, agencies of socialization, gender differences in socialization.

References:

- Freeman, F. (1965). Psychological testing. New Delhi : Oxford and IBH.
Kothari, C.R. (2001). Research methodology: Methods and techniques.
New Delhi: Wishwa Prakashan.
Morgan, C.T., King, R. A., Weisz, J.R. and Schopler, J. (1987).
Introduction to psychology 7th Ed., New York: McGraw – Hill.
Roy, Sushil. Shiksha manavidya.

GE 3B 30 Marks (Credits: 2) 2 Classes / Week

PRACTICAL: PSYCHOLOGICAL BASES OF HUMAN DEVELOPMENT

1. Assessment of intelligence of a child using a psychological test.
2. Assessment of emotions.
3. Assessment of Personality: Children's Personality Test; Kundu Neurotic Personality Inventory.
4. Assessment of Socialization.

Practical Activities: 20 Marks; Viva- Voce: 5 Marks; Laboratory Note Book and materials: 5 Marks.

SEMESTER - IV

GE 4A 50 Marks (Credits: 4) 2 Lectures / Week

CHILDHOOD PROBLEMS AND WELFARE

1. Disability – Definition, characteristics of disabled children, major types of disabilities: causes, diagnosis and remedies. Adjustment at home and school.
2. Behaviour problems – Definition. Causes of and remedies for behaviour problems in children: thumb sucking, bedwetting, fear, anxiety, shyness, temper tantrum, stealing, lying and truancy.
3. Guidance and counselling of disabled children and children with behaviour problems through different stages of development.
4. Child welfare –
 - a) Definition, objectives and philosophies.
 - b) National policies and legislation related to children.
 - c) Welfare agencies and services: governmental and non-governmental.

References:

- Barooh, B. Child Welfare.
Debnath, D. and Debnath, A. K. Byatikramdharmi shishu o tar shiksha.
Kolkata : Rita Book Agency.

Devi , L. Encyclopedia of Child Welfare Vol (I-VI).
Kirk, S.A. (1970). Educating exceptional children. Indian Edition. New Delhi : Oxford and IBH.
Morgan, C.T., King, R. A., Weisz, J.R. and Schopler, J. (1987). Introduction to psychology 7th Ed., New York: McGraw – Hill.
Nag, Rathindranath. Ma o shishu.
Roy, Sushil. Shiksha manovidya.
Saraswati, T.S., Verma, A. and Kalra, D. (1988). Issues in child development. Bombay : Somaiya.
Skinner, C. Educational psychology.

GE 4B 30 Marks (Credits: 2) 2 Classes / Week

PRACTICAL: CHILDHOOD PROBLEMS AND WELFARE

1. Visit to an institution for disabled children and writing a report.
2. Visit to guidance and counselling centres for children with behaviour problems and report writing.
3. Case study of a challenged child.
4. Case study of a child with behaviour problems.
5. Visit to institutions of child welfare.

Practical Activities: 20 Marks; Viva- Voce: 5 Marks; Laboratory Note Book and materials: 5 Marks.