



University of Calcutta

Department of Sports Sciences

Preamble:

“Your body is a weapon and consider it very strong. Consider your mind to be very strong as only with strong mind and body you will be able to cross the ocean of life”- it was the motivating words of Swami Vivekananda more than 100 years ago for the citizens of Nation.

With this philosophy, the University of Calcutta has infused the Department of Sports Sciences under the aegis of Ministry of Youth Affairs and Sports (MYAS), Government of India. Our University is one among the six other University or Institutes selected for running Master degree curriculum in Sports Sciences and research.

Our University has introduced the Post graduate courses in Sports Sciences (MSc in Sports Sciences) chiefly focussing on comprehensive development of the subject. The Post-graduate programmes include Exercise Physiology, Sports Biochemistry, Sports Nutrition and Sports Physiotherapy. Students coming from almost all Science background are eligible to apply after Bachelor of Sciences subjects.

Eventually in the years to come other post graduate courses on Sports Biomechanics, Sports Psychology and a certificate course on Sports Anthropometry will also be launched.

The objective of these schemes and the responsibilities of these departments would be to promote best world class elite sports personalities, inculcate scientific attitude for better performance in national as well as in world arena. Quite obviously the state of art research in key areas of sports sciences would be major goal of the University. Thus, high ended infrastructure will support the matter which will also aid the international quality teaching in sports sciences. Initially, the course will start at the Acharya Prafulla Chandra Prangan also known as Technology Campus of University which is located at JD-2, Sector 3, Salt Lake City, Kolkata 700 098 near Vivekananda Yuba Bharati Krirangan or Salt Lake Stadium and Sports India (erstwhile SAI).

Notwithstanding, the courses will generate scientifically elegant self reliant human resource which will enrich and promote the nation in games and sports and health of the citizens at large.

This essence of healthy nation was realized by Swami Vivekananda at his time. His famous quote “You Will Be Nearer To Heaven Through Football Than Through The Study of The Gita” remains as eternal truth.

Thus, University of Calcutta is committed to nurture and develop best young minds collaborating with other Institutes, Centres and Universities in teaching and research in the arena of Sports Sciences glorifying our Nation.

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